

Information about your genetic test result

Your nephrologist organised a genetic test for you. This test analyses genes associated with kidney disease.

Please read this document carefully and see your nephrologist if you have any questions.

Your genetic test result

The test found a disease-causing change (also known as a pathogenic variant) in the _____ gene.

This causes a condition called _____

What does this mean for you?

This test result may influence various aspects of your care.

- For some people this may include medications, recommended tests and health screening, pregnancy planning and kidney transplantation.
- Please speak with your nephrologist about what this test result means for you.

What could this mean for your family?

A genetic test result may have important implications for family members.

- First-degree family members (like your children, siblings or one of your parents) may also have the same disease-causing gene change.
- We recommend that you share this information with your family members, so they have the option to get more information on the condition and/or consider genetic testing for themselves.

- If you (or other family members) are **considering having children in the future**, there are options to reduce the risk of passing on a genetic condition. Please refer to the information sheet *Reproductive genetic testing options*.
- If you are **pregnant, or you and your partner are currently planning for pregnancy**, please let your nephrologist know so they can arrange an expedited referral to a genetics service if you wish.

Where to get further information

A genetic counsellor may be able to:

- support you to better understand your result
- support you to share your result and this information with your family members
- discuss ways to reduce the risk of passing on a genetic condition to future children

Your doctor or nephrologist can make a referral to a genetics service for further discussions on what your result means for you and your family members. You may also be able to find a genetic counsellor in your area by emailing kidneygenetics@monashhealth.org.